**Tanzania Cooper: Champion for Liberation, Legacy, and Community**

A person with curly hair

AI-generated content may be incorrect.Tanzania Fair is a visionary leader, storyteller, and change-maker whose journey is rooted in self-discovery, resilience, higher education, and a deep commitment to community. A first-generation college graduate, she earned a B.A. in Sociology from Michigan State University, an MBA from Southern New Hampshire University, and is currently pursuing a Ph.D. in Higher Education Leadership and Policy Studies at Howard University, where she serves as Vice President of the Graduate Student Advisory Council. Her life’s work is a mosaic of impact—woven at the intersection of business development, mental wellness, and youth empowerment.

Tanzania’s commitment to youth began with Helping Young People Evolve (H.Y.P.E.), a nonprofit she founded at 26 in Washington, D.C. Over five years, she led the organization to serve more than 5,000 youth through arts-based healing, leadership training, and her signature Positive Decision Making curriculum—creating safe, affirming spaces for young people to grow, dream, and lead.

As the founder of UnLock’N Your Freedom Consulting Firm, Tanzania provides strategic support to individuals and organizations through coaching, workshops, and transformative events. She has coached over 300 women in entrepreneurship, helped secure grant funding, and supported 25+ small businesses one-on-one with business coaching.

Tanzania also co-founded UpliftUS, a healing-centered empowerment collective for men and women of color. Through retreats, workshops, and intentional community spaces, UpliftUS invites people to reclaim their power, nurture wellness, and lead unapologetically. Expanding this mission, she and her husband launched the UpliftUS Podcast, a powerful platform where healing, purpose, and liberation intersect. The show features candid conversations on mental health, entrepreneurship, emotional healing, relationships, and youth development—spotlighting voices that are breaking generational cycles and walking boldly into their purpose.

She has been honored with the Youth Leadership and Advocacy Community Impact Award, featured in *RallyUp Magazine* and *VoyageLA*, and selected for the Chains & Change: African Social Justice & Entrepreneurship program in South Africa. In 2021, she made her debut as a contributing author in *When The Soul Cries* with Fearless Storytellers.

At the core of her work is a powerful belief: liberation starts from within. Whether through storytelling, coaching, or community-building, Tanzania continues to spark transformation—one breakthrough, one story, and one act of freedom at a time.

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